



# THE BURNETT BANNER

**Burnett Newsletter**  
**(including House of Burnett News)**

**Edition No 33**  
**March 2016**

## **BURNETT GATHERING**

30<sup>th</sup> July to 6<sup>th</sup> August 2017

### **PROGRAMME**

This Programme includes events and activities which should appeal to Burnetts of all ages. There will be a number of new excursions and options.

#### **Package 1**

The Long Visit with Accommodation

#### **Package 2**

The Long Visit without Accommodation

#### **Package 3**

The Short Visit with Accommodation

#### **Package 4**

The Short Visit without Accommodation

*Accommodation will be at the Self Catering Villas and Apartments (2/3 bed)  
at the Inchmarlo Golf Resort in Banchory*

**(N) Not included in Packages**

### **THE LONG VISIT**

**Arrival: Sunday 30<sup>th</sup> July**

**Departure: Sunday 6<sup>th</sup> August**

#### **Day One**

**Monday 31<sup>st</sup> July**

Guided Tour of Ballindalloch Castle and Culloden Battlefield

#### **Evening**

Family History Supper/Lecture

#### **Day Two**

**Tuesday 1<sup>st</sup> August**

Guided tour of Arbroath Abbey and St Andrews including a visit to  
Ian Burnett the Highland Chocolatier

#### **Evening**

Heraldry Supper/Lecture

## **THE SHORT VISIT**

**Arrival Tuesday 1<sup>st</sup> August**  
**Departure Sunday 6<sup>th</sup> August**

### **Day Three** **Wednesday 2<sup>nd</sup> August**

Guided Tour of Crathes Castle  
Visit to the Crannog on the Loch of Leys  
Burnett Luncheon  
Go-Ape Treetop Adventure (N)  
Visit to Kemnay House, home of the Burnetts of Kemnay

**Evening**  
Theatrical Production at Woodend Banchory  
Including Buffet Supper

### **Day Four** **Thursday 3<sup>rd</sup> August**

Guided walk up Scolty Hill overlooking Banchory  
Journey on the Deeside Railway  
Guided Tour of Crathes Gardens  
Battlegrounds Paintball (N)  
Scottish Country Dancing Classes and Ceilidh Workshops  
Croquet on the lawn at Crathes Castle (Annual inter-clan match)

**Evening**  
Ghost Tour of Crathes Castle

### **Day Five** **Friday 4<sup>th</sup> August** **Choice of Local Guided Tours**

**Tour 1**  
Craigievar Castle \* Drum Castle \* Blairs Museum

**Tour 2**  
Fettercairn Distillery \* Edzell Castle \* Dunnottar Castle \* Lewis Grassie Gibbon Centre,

**Tour 3**  
Historical Aberdeen  
To include Trinity Hall, The Town House, Mitchell Hall, Grant Room

**Evening**  
Free Time

**Day Six**  
**Saturday 5<sup>th</sup> August**  
Aboyne Highland Games with lunch at the Burnett Tent

**Evening**  
Grand Traditional Ceilidh

## **EVERY DAY ACTIVITIES**

Access to Crathes Castle, Gardens and Ground  
Salmon Fishing on the Dee (N)  
Evening Hunting with the Gamekeeper (N)

*The programme is currently provisional*  
*Confirmation of events and details of charges will follow shortly. They will be available on*  
*[www.burnett.uk.com](http://www.burnett.uk.com) or can be forwarded as requested.*

## NOTE FROM THE SECRETARY HOB

Greetings,

It looks like spring has arrived in Wisconsin but I'm sure we will get more snow in the next month or so. I have seen snow in early June but it melts right away. I also seen some of the migrating birds in my bird feeders. I spoke to soon, it snowed last night.

I will be heading southeast on 10 April with stops in Indiana, Kentucky and Tennessee before arriving in Huntersville North Carolina for the Loch Norman Games on 15, 16 and 17 April. John A Burnett and his wife Melissa set up a tent at the Central Florida Games and will be at the Savannah Georgia Games on 7 May. This will be our first time participating in the Savannah Games. I will also be at the Glasgow Kentucky Games on 3, 4 and 5 June. Others will be involved in games and as soon as I am informed I will get the information to you. So if you are involved in any festival let me know. I would like to spread the word about much how fun can be had. We are still looking for others to host a Burnett tent at other festivals. If you are interested let me know and we will help you get what you need and give you helpful information on how to get started.

We are in the process of planning our 2017 Burnett Gathering in Scotland. We need to get a count of those who plan to attend. We also need to know if you are making your own way to Banchory or will be meeting up in Glasgow and traveling by bus to Banchory. Please send me or the President your plans. Watch the Burnett website for more information. We will keep you updated of any changes.

With the Crazy weather we have had I hope everyone came out unscathed.

If anyone has any concerns, problems or suggestions please contact me.

**Leland L. Burnett**  
**Secretary, House of Burnett**

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## FLOWERS OF THE FOREST

At the instigation of the ambitious young brother of King of the Scots, Henry VIII led an army against Scotland. King James IV and the "flowers" of Scottish nobility were brutally slain at the Battle of Flodden on September 9, 1513, one of the greatest disasters to befall the country.

The pipe tune "Flowers of the Forest" was a soulful lament written shortly after the battle took place. The

"forest" refers to a district of Scotland called Ettrick Forest where the battle took place.

Following in this tradition Leslie V Burnett who died on 15 Feb. 2016, name will be entered into the roll, of the Flowers of the Forest at the Glasgow Scottish Games during the Kirking of the Tartan Ceremony on Sunday June 5th, 2016.

**Leland L. Burnett**  
**Secretary, House of Burnett**

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## AWARD FOR JUDGE GILBERT BURNETT

Gil Burnett has been to every Burnett Gathering since the first in 1992 and we have also had the pleasure of enjoying visits from countless members of his own family and those of his brothers and sisters. His visits merit an award but far less deserving as that which he received recently from the New Hanover County Board of Commissioners in recognition of his years of



dedicated service. While he was a sitting judge in New Hanover County, North Carolina, Gil pioneered CSWP (the Community Service Work Program). This is cutting crime, turning many criminals into honest working law-abiding people and with huge savings for

the taxpayer. The programme has spread to nearly all of the states and some other countries including Australia.

This was not the only award which Gil has received recently. A few months ago he received a presentation from the Gamma Kappa Lambda Chapter of the world-wide fraternity Alpha Phi Alpha Fraternity, Inc. This was started in 1906 by seven black students at Cornell University in New York, NY to encourage people in this world to soar and be a part of the solution in this world and not a part of the problem. Some examples of well-respected people of this fraternity include General Colin Powell and Thurgood Marshall, the first black US Supreme Court Justice and Martin Luther King.



Gil's son, Stephen tells me that Gil was unfortunate to be in a car crash last month but we understand that he is recovering well. After his horrific fall at our

Gathering in 2009, we know that it takes a lot to prevent him from living an active life. We all wish him well.



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## QUEEN MARY HIGHLAND GAMES

The Queen Mary was pleased to welcome back the 23rd annual ScotsFestival & International Highland Games on February 13-14, 2016.

The rich culture and history of Scotland was celebrated through an array of authentic activities, athletics, dancing, entertainment, and cuisine in ode to the Queen Mary's Scottish legacy. The Clans had information tables right aboard the ship while the athletics, and dancing were held in the park outside. As part of the celebration, the second annual Robert Burns Supper was held on Saturday February 13, in the Queen's Hall aboard the ship. The Bill O' Fare consisted of a Whiskey Toast to the Bard, Cock-a-Leekie Soup, Haggis, Meeps and Tatties with a Port Wine Jus, Scottish Cranachan, and ended with Bannocks and Cheese. We were entertained by four musical groups, Scottish Sword dancers, as well as the traditional verses of Burns. We ended singing Auld Lang Syne. It was a wonderful evening. About the Ship:



Holly Kafura at the House of Burnett table aboard the Queen Mary.

RMS Queen Mary is a retired ocean liner that sailed primarily on the North Atlantic Ocean from 1936 to 1967 for the Cunard Line (known as Cunard-White Star Line when the vessel entered service). Built by John Brown & Company in Clydebank, Scotland, Queen Mary along with her running mate, the RMS Queen Elizabeth, were built as part of Cunard's planned two-ship weekly express service between Southampton, Cherbourg, and New York City.



The address to the Haggis performed by John Hannah

After several years of decreased profits for Cunard Line, Queen Mary was officially retired from service in 1967. She left Southampton for the last time on 31 October 1967 and sailed to the port of Long Beach, California, United States, where she remains permanently moored. The ship serves as a tourist attraction featuring the original Art Deco décor in the hotel rooms, meeting and banquet rooms, shops, and restaurants. The ship is listed on the National Register of Historic Places. The National Trust for Historic Preservation has accepted the Queen Mary as part of the Historic Hotels of America.



Dean Burnett.



## 39TH CENTRAL FLORIDA SCOTTISH GAMES

We are very grateful to John and Melissa Burnett to represent the House of Burnett

John and Melissa would wish to thank everyone that came by to visit, Saturday was a cold and windy day. We had bad weather come through on Saturday night, high winds destroyed 12 clan tents, ours was unharmed. Sunday turned out to be the calm after the storm, a very nice day.

We had lots of visitors to our tent and signed up two new members, Ashley Barnett and David S. Wainer, Jr (mother was Emma North Burnett Wainer) and renewed membership for Robert C. St John, Jr, (mother's family were Burnett's) Robert is past president and current Treasurer for Clan Campbell Society, NA

Melissa and I had a very special visitor to the House of Burnett tent, McVicar, a Scottish Blackface Ram accompanied by Stuart Ballantyne, have included pictures. Check out McVicar's website: [www.craigmalloch.com](http://www.craigmalloch.com)

A special thanks to all the Burnett's and non- Burnett's that stopped by to visit

Melissa and I will be at the Savannah Scottish Games on May 7th and at the Grandfather Mountain Highland Games July 7,8,9 &10, 2016. Please stop by the House of Burnett tent to visit, if you are not a member we will be glad to sign you up

Thanks

John and Melissa



*House of Burnett Tent*



*Melissa Burnett, McVicar and John Burnett*



*McVicar (Scottish Blackface Ram)  
and Stuart Ballantyne*

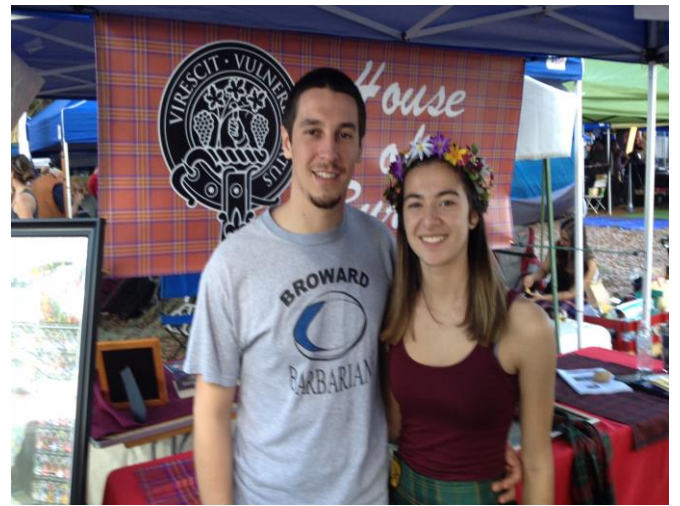


*Justine Weaver and new member  
Ashley Barnette, Lake Mary, FL*





Patricia McCormick Wainer stopped by to sign up her husband David S. Wainer, Jr as a member of the House of Burnett



Grady Barnard and Taylor Duren who also visited us at Grandfather Mountains Grady's Paternal grandparents are Burnett's from Ireland



The Pipes and Drums of the Orange County Sheriff's Department



Cause Conley and Joshua Hemingway. Joshua's Paternal Grandmother was a Burnett



Michelle Burnett from Long wood, FL



Robert C St.John Jr.



## FLOODING

Some readers may have read of the December floods which caused such havoc in many parts of Great Britain and not least in the Dee Valley. Whilst the damage may appear insignificant when compared to many disasters which have occurred in other parts of the world, they have caused huge problems and much distress for many house owners and businesses and not least on Deeside.

At Crathes we were very fortunate as we have no houses at the level which would have caused flooding. However, we did lose both of our fishing huts and two businesses at the Milton were seriously affected. Time has to be taken to dry out, but we hope that it will be business for us as usual within a short time although for those who have been less fortunate than ourselves, this will take much longer.



*Milton of Crathes*

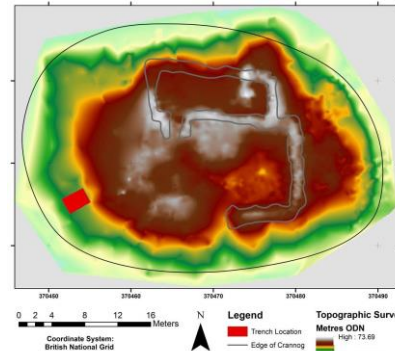


*Main Fishing Hut*

## LOCH OF LEYS CRANNOG EXCAVATION

For the past year, an archaeologist, Michael Stratigos, has been carrying out studies on the Crannog. He reports

Between 29 February and 4 March, myself and a team of volunteers from Aberdeen University were at the Loch of Leys crannog just north of Banchory in Aberdeenshire.



The goal was to excavate a small trench on this crannog to see what was left of this medieval crannog site 165 years on from when the loch was drained. The excavation showed

that organic preservation on this wet site is good, but not like what James H Burnett describes in 1850 immediately following the drainage of the loch. Regardless, good material suitable for radiocarbon dating has been recovered, and this will answer a major question surrounding this site – is the medieval occupation of this site sitting atop an earlier occupation of the crannog?

In 1850, the Loch of Leys was drained through a remarkable stone lined and hand cut ditch that runs for c.250m. James H Burnett took the opportunity when the loch was drained to investigate his family's former residence on the crannog. In 1323, Robert the Bruce dispossessed the Wauchope family of the 'isle of Banchory' and the estate that went with it giving it to the Burnett's as reward for their support in a recent conflict. What James Burnett found in 1850 went on to become some of the defining features of crannogs in Scotland – vertical wooden piles driven into the loch bed with horizontal timbers (he identifies as oak and birch) that make up the inner part of the crannog. Additionally, the antiquarian excavation found several bronze jugs, a quern stone for milling grain, coins (but the one of the workmen ran off with them) and a logboat about 50m away from the crannog. This was the first recorded excavation of a crannog in Scotland, but work at the Loch of Leys crannog ended there, until now.



Michael Stratigos will be producing a full report. In the meantime, he has put up a blog post which covers some highlights and from which the above is extracted.

<https://scottishcrannogs.wordpress.com>

## FROM A PIPE DREAM TO REALITY

*The popularity the Royal Deeside Railway  
From a report from Bob Kelley*

The railway clearly has a definite following now, and most younger children are positively ecstatic at seeing the train at the station and getting a go on the whistle or the horn in the case of a diesel. Primary Three classes visit during the summer, spending the day on the railway, learning a bit about the changes to society brought about by the introduction of railways, a bit of local history, and doing some gardening, with a free railway ride topping off the day. Illustrated talks have been given both in the station and on school premises in both Banchory and Aboyne. We have had Scouts, Nursery Children, Rurals, a 90th Birthday Party and a couple of weddings taking place on the moving train! It all makes for an interesting time for volunteers.



As well as locals, the 2015 season saw visitors from France, India, Kazakstan, USA, Canada, Poland, Lithuania, Russia, South Korea, China, Pakistan and Italy, and maybe others I have missed. Oh, and the odd Geordie. A most important visitor every year is Santa Claus. Over 3000 visitors came to see the old chap in the four weekends before Christmas 2015!

For the future, we are frequently asked when we will be getting to Banchory. Well, we are already headed west, and through the level crossing, where the lay-by area is sprouting sidings and a temporary platform before we move on further. The line to that point will give some magnificent views of Deeside, and passes over a Victorian railway bridge, which will need some attention before trains can pass over it. All this is future project work, but already in various stages of planning.

We have what may be the last "Light Railway Order" from the UK Parliament, which allows us to proceed with the railway from our present Milton of Crathes Station to the said location below Morrison's supermarket. The word "allows" is only partially correct, of course, since a proviso of the Order is that we get the requisite permissions from the requisite authorities for the various parts of the works. Oh yes, we are also responsible for construction of the

Deeside Way alongside the railway as it advances! We also need to keep up with the regulations issued under the Office of the Rail Regulator, as any other Heritage and main line railway.

So, from what was presumably somebody's pipe dream and later a hobby for the retired and those of a railway disposition, the Royal Deeside Railway has turned into a commercial enterprise, and is listed as a local attraction. This is reflected in the organisation, as the RDRPS, a registered charity, works hand in hand with its commercial arm, the Deeside Railway Company Ltd., which was formed by members of the Society in order to provide that commerciality. We have ourselves made history, not only in holding weddings on a moving train, but I believe we are the first to provide catering on the Deeside line in over 160 years of its history. And the buns are fresh!



Visit our website at [www.deeside-railway.co.uk](http://www.deeside-railway.co.uk), and better still, come and visit us yourself. Bring the family, and if there's a lot of you, the train can be chartered, just like Queen Victoria did in the early days of the Deeside Railway.

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## IS THE DREAM OVER? ELECTION NEWS

We hope everyone had a happy Easter break and is enjoying the school holidays. Another year, another election campaign - this year for the Scottish Parliamentary elections on the 5th May 2016.

Alexander Burnett is standing in the constituency of Aberdeenshire West, in the North-East of Scotland. The next five years will see further new powers coming to the Scottish Parliament, in particular powers over the setting of thresholds and rate of income tax paid by Scottish Taxpayers.



Alexander & Vinny



Ruth Davidson (below with Alexander), the leader of the Scottish Conservatives, has been a regular up here in the North-East, talking about the current devastating oil crisis which has seen over 65,000 jobs lost over the last year, and also about the severe flooding that occurred here in Deeside in the New Year, especially up by Ballater and Aboyne, which many of you will know from the Highland Games.



While the campaign has so far yet to hit the levels of mania associated with Donald Trump in the US, it should prove to be an interesting and very important election that will determine the future course of the North-East, affecting continued investment and jobs at a sensitive time.

Alexander can bring plenty of fresh new energy, perspective and practical local knowledge (and of course common-sense!) to the Scottish Parliament gained from a wide range of experiences from community development to renewables.

You can find out more about Alexander on his campaign website, [www.alexanderburnett.com](http://www.alexanderburnett.com) or Twitter: @AJABurnett. Results.

Politics is to many people a subject of which they hear enough and particularly this year. To remind us of more apolitical times, herewith a photograph of Alexander and Vinny during their visit to Grandfather Mountain in 2010 and kindly sent to me by Sandra Burnett as a reminder of that occasion.

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## BISHOP BURNETT THOUGHTS ON EDUCATION 1761

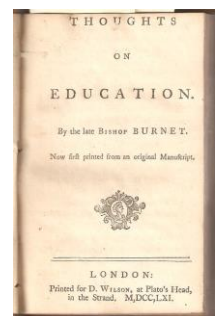
He should be allowed, according to the advice of Solomon, all innocent mirth and cheerfulness: but it is better the lesse he converse with women; though to be sometimes with the wife and excellent of that sexe, be one of the greatest helps for breeding.

He should be made to abhorre all affectation, either in his discourse or behaviour; for awaies that which is most natural goes best of. He should be taught to observe a right mediocrity, betwixt simple modesty and rather timidity, and blustering and forward confidence. So much of a youth's breeding.

And now having brought him to the twenty fifth year of his age, wherein by our law he is declared a man, exempt from all inspection of others, it is fit I also let him go, and deliver him from the yoke of a governour. But as by our law till he be twenty five years, he hath it in his choice to revoke what he did before he was twenty one years old, I shall therefore follow him with my advice to that age: all therefore that hath been formerly taught him must he now begin to consider.

The study next fit for him, is the laws and customes of his country: and without knowledge of this, he is but a poor nobleman or countryman. He must therefore acquaint himselfe with the colledge of justice, and study to get some able lawyer to stay a vacation with him, for instructing him in the forms of the law; for this is necessary both to the management of his private fortune, and to fit him for publicke employment, when he is called to it.

Next he must understand his own affairs; not trusting them to chamberlains or servants, but managing them himselfe; and therefore parents, at this age, should acquaint their children with the state of their affairs, and commit to their care such portions of their fortune as they may best spare; that thereby they may see what government they have, and may know how antidote their inclinations, if they be either o profuse or too saving.



After this I would desire him to study agriculture, and the waies of improving ground, and begin to keep nurseries, and to inclose ground: for this is both ane honest and profitable exercise, and full of pleasure; which may also draw a man to love home; a necessary matter for young men.

Only politics he must not study, nor learn intrigues, except it be for mere information; for a young man is not capable of that discretion which is for the management of affairs. Though he be perhaps sufficiently able to contrive and suggest good counsels, yet there is a certain suteness, closeness and *leger de main* requisite in a statesman, which a young man cannot know how to practice. Yet I would have him much in the company of grave and wise men.

## FABULOUS CREATURES

*Knock News Heraldry – September*

### HERALDRY WITH CHARLES J BURNETT QUEEN'S HERALD IN SCOTLAND

Heraldry has many fabulous creatures which are the products of the heralds' imagination, or have been taken from classical myth and legend such as the sphinx – a lion with a female face. Fabulous creatures are often half-human and half animal, or a combination of made-up animals. This month I feature a selection of these heraldic curiosities.



Fig.1



Fig. 2



Fig. 3

The sphinx is normally seen lying down but here is a rampant Lion Woman [Fig.1] with another female variant, a Cat Woman [Fig.2]. Heraldry seems to favour wild women as another example, which comes from Greek mythology, is the Harpy [Fig. 3] a vicious eagle-like creature with female attributes.



Fig. 4



Fig. 5



Fig. 6

Men are not forgotten as we find the curious Swan Man, half bird with human legs [Fig.4], the Wodehouse, a wild man of the woods [Fig.5] and the Centaur, another classical invention which is half man half horse [Fig. 6]. Female centaurs can also be found in heraldry.



Fig. 7



Fig. 8



Fig. 9

The sea has influenced the symbolic imagination from classical times when Neptune was King of the Sea. He is recognised by his fishy tail and trident [Fig. 7], and again his followers, Mermaids and Mermen are half human-half fish. A mermaid with two tails is called a Melusine [Fig. 8]. Dolphins are also seen in heraldry but they are drawn in an exaggerated way so that they become exotic [Fig. 9].





Fig. 10



Fig. 11



Fig. 12



Fig.13

The Griffin is a favourite heraldic creature – half king of the birds, the eagle, and half king of the animals, the lion. Here is another variant, a Sea Griffin [Fig.10].

One of the most fascinating of mythical beasts is the Unicorn which supports the Scottish Royal Arms [Fig.11]. Although quite small and goat-like it was very fierce, and could only be captured if a naked virgin sat under a tree and allowed the unicorn to place its head on her lap! Here in Scotland the Merchant Company of Edinburgh uses Sea Unicorns as supporters for their coat of arms [Fig. 12].

Finally, an example of how one animal, the lion, can be made fabulous by firstly adding wings and then a fish tail to create a Winged Sea Lion.

The list of fabulous creatures has not been exhausted; there is the Yale with swivelling horns, the tusks of a boar, and the body of an antelope; the Wyvern, a scaly monster with wings, two legs and a spiked tail like a dragon. The Dragon is different by having four legs.

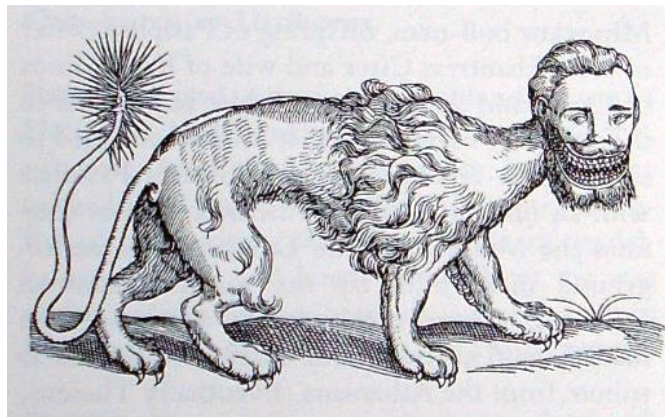


Fig.14

Other heraldic beasts are the Tyger, the Theow, the Salamander, the Phoenix, the Pegasus, or flying horse, the Panther, the Alphyn, the Pantheon and the Manticora [Fig.14] which has a lion's body, a human face with three rows of teeth in the upper and lower jaw, and poisoned spikes in the tail which can be shot out like arrows! The names alone are exotic and uncommon.

Apart from creatures unlike any other animal, heralds also make ordinary animals very different by simply altering their natural colourings. So red, blue and green lions are found or blue horses with white spots! In heraldry the designer of coats of arms is only restricted by the limits of imagination allowing us the wonderment of strange and exotic fabulous creatures.

## BURNETT OF LEYS RESEARCH SERVICE

For many years we have been providing, at no charge, genealogical or other information to the many enquiries from around the world. For any in-depth research, there has been an agreed cost which has been appropriate to the work which has been involved.

There are expenses attached to the provision of such information and for which the time and effort involved may not always be understood. If we are asked to provide advice, it is essential that the data has been verified from records or that we make it clear that no verification was found. We use Scotland's People because it is the only way to get access to official records for all Scottish parishes/registration districts from one source and is much less expensive than other methods. However, there is a cost involved.

In future, we may request a small contribution towards the cost of the provision of information if any research is required. This will be advised on the website or on receipt of enquiry.

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### EASTER RECIPE

#### Chocolate & Spice Hot Cross Buns



#### Ingredients:

Zest and juice 1 large Orange  
Sunflower oil, for greasing

For the dough and crosses  
225ml semi-skimmed milk  
50g unsalted butter, plus extra for greasing  
1 large egg  
450g strong white bread flour, plus extra for dusting  
2 tsp fast-action yeast  
50g golden caster sugar

For the flavouring and glaze  
140g raisins  
100g chocolate, 70% cocoa solids  
1 tsp ground cinnamon  
4 tbsp golden caster sugar  
100g plain flour

#### Method:

Make the dough first. Heat the milk in a pan until steaming. Remove from the heat, and drop in the butter. After a couple of mins, beat in the egg and half the orange zest. The liquid should be just warm for step 2.

Mix the strong flour, yeast, 1 tsp salt and the sugar in a large bowl, then tip in the liquid and stir to make a soft dough without dry patches. Flour the work surface and your hands, then knead the dough for 5-10 mins until smooth and elastic. Use a stand mixer or processor if you like. Oil a large bowl, sit the dough inside it, then cover with oiled cling film. Rise in a warm place for about 1 hr or until doubled in size.

Put the raisins and half the orange juice in a small pan or covered bowl, and either simmer for a few mins or microwave on High for 1 min until hot. Cool completely. Break the chocolate into a food processor with the cinnamon and 2 tbsp sugar, then pulse until very finely chopped. Mix in the rest of the zest. If you don't have a processor, chop it by hand or grate it, then mix with the other ingredients.

Turn the risen dough onto a floured surface and press it out to a large rectangle, a little bigger than A4 paper. Scatter it evenly with the chocolate mix and the raisins, which should have absorbed all of the juice (drain them if not). Roll the dough up around the filling, then knead it well for a few mins until the chocolate and fruit are evenly spread. Some raisins and chocolate will try to escape, but keep kneading them back in.

Grease then line a large baking sheet with baking parchment. Divide the dough into 12 equal pieces. Shape into buns by pinching each ball of dough into a purse shape, concentrating on making the underneath of the ball (which will be the top) as smooth as you can. Put the buns, smooth-side up, onto the baking sheet, leaving room for rising. Cover loosely with oiled cling film and prove in a warm place for 30-45 mins or until the dough has risen and doesn't spring back quickly when prodded gently.

Heat oven to 190C/170C fan/gas 5. To make the paste for the crosses, gradually stir 6-7 tbsp water into the plain flour to make a smooth, thick paste, then put in a food bag and snip off the end to about 5mm. Pipe the crosses, then bake for 20-25 mins until the buns are risen and dark golden brown.

Mix the rest of the orange juice with the remaining sugar and let it dissolve. Brush the syrup over the buns while they are hot, then leave to cool. Eat on the day of baking, or toast the next day.